

# **The ultrasound detection of chromosomal anomalies<sup>1</sup>**

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## **Trisomy 8**

**Synonyms:** Warkany syndrome

**Definition:** Predominantly final malformations syndrome with a trisomy for all or a large part of the number 8 chromosome

**Prevalence:** less than 100 cases reported.

**Etiology:** Presence of an extra chromosome 8 or part of the short arm.

**Pathogenesis:** Unknown

**Differential diagnosis:** Other aneuploidies.

**Prognosis:** Better survivals than other trisomies, some reasonably healthy adults exist.

**Recurrence risk:** Unknown

**Management:** When ultrasound findings are consistent with trisomy 8, prenatal karyotyping should be undertaken. Pregnancy termination can be offered before viability. No alterations of prenatal care are necessary should the pregnancy be allowed to go to term.

## **Associated anomalies**

### **Central nervous system anomalies**

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- Agenesis of the corpus callosum
- Hydrocephalus

### **Face, neck and skull anomalies**

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- Everted lips
- Large dysplastic ears
- Prominent forehead
- Broad nose
- Microphthalmia
- Cataract

### **Cardio-vascular anomalies 40-60%**

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- VSD
- ASD
- Great vessels anomalies

### **Gastrointestinal anomalies**

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- Diaphragmatic hernia
- Esophageal atresia
- Absence of the gallbladder

### **Urinary tract anomalies**

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- Hydronephrosis

- Reflux

### **Reproductive tract anomalies**

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- Cryptorchidism

### **Skeletal system anomalies**

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- Vertebral anomalies (Hemivertebrae, spina bifida, kyphoscoliosis)
- Joint contractures
- Abnormal metacarpals and metatarsals
- Simian crease
- Deep longitudinal plantar crease

### **Other findings & anomalies**

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- Associated malignancy
- May be related to old parental age.

## **Trisomy 9**

**Synonyms:** None

**Definition:** Trisomy for all or a large part of the number 9 chromosome. Most cases are mosaic with 2-97 % abnormal cells.

**Prevalence:** Less than 30 cases reported.

**Etiology:** not associated with parental age.

**Pathogenesis:** Unknown.

**Differential diagnosis:** Other aneuploidies.

**Prognosis:** Very lethal trisomy with most newborn dying and very rare surviving 4 months.

**Recurrence risk:** Unknown.

**Management:** When ultrasound findings are consistent with trisomy 9, prenatal karyotyping should be undertaken. Pregnancy termination can be offered before viability. No alterations of prenatal care are necessary should the pregnancy be allowed to go to term. Tocolysis for preterm labor and cesarean section should be avoided

### **Associated anomalies**

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#### **Central nervous system anomalies**

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- Dysgenesis of the corpus callosum.

#### **Face, neck and skull anomalies**

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- Abnormal and low set ear
- Micrognathia
- Small palpebral fissure
- Microcephaly
- Broad nose
- Wide sutures-Craniosynostosis
- Cleft -high arched palate
- Short neck

#### **Cardio-vascular anomalies**

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- ASD/VSD

- Persistent left superior vena cava
- Single umbilical artery.

#### **Gastrointestinal anomalies**

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- Malrotation
- Diaphragmatic hernia
- Omphalocele 29

#### **Reproductive tract anomalies**

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- Cryptorchidism
- Small penis
- Hypoplastic scrotum
- Various

#### **Skeletal system anomalies**

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- hypoplastic bones
- Hand anomalies (abnormal fingers, overlapping, hypoplastic phalanges).
- Simian Crease
- Rocker bottom feet
- Deep palmar furrow
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#### **Other findings and anomalies**

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- IUGR

## **4p- syndrome**

**Synonyms:** Monosomy 4p. Partial deletion of chromosome 4. Wolf Syndrome.

**Definition:** Absence of part of the short arm of chromosome 4. 87% are due to de novo deletions (predominantly paternal origin) 13 % are inherited from parents with balanced translocations (predominantly maternal).

**Prevalence:** Over 100 cases reported.

**Etiology:** Abnormal chromosome breakage during synapsis and recombination.

**Pathogenesis:** Unknown.

**Differential diagnosis:** Other aneuploidies in particular trisomy 13.

**Prognosis:** Lethal with most newborn dying and very rare surviving 1 year.

**Recurrence risk:** Unknown.

**Management:** When ultrasound findings are consistent with partial deletion of chromosome 4, prenatal karyotyping should be undertaken. Pregnancy termination can be offered before viability. No alterations of prenatal care are necessary should the pregnancy be allowed to go to term. Tocolysis for preterm labor and cesarean section should be avoided

### **Associated anomalies**

#### **Central nervous system anomalies**

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- Absence of the cavum septum pellucidum
- Interventricular cysts
- Unspecified

### Cardio-vascular anomalies 80%

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- ASD
- Unspecified.

### Gastrointestinal anomalies 50-80 %

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- Malrotation
- Unspecified.

### Urinary tract anomalies

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- Hypoplastic kidney
- Reflux
- Various

### Reproductive tract anomalies

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- Hypospadias

### Skeletal System anomalies

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- Simian crease
- Scoliosis
- Abnormal ossification of the sternum
- Unspecified others

### Other finding and anomalies

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- IUGR
- Decreased fetal movements
- Weak cry after birth

## ***Triploidy***

**Synonyms:** Incomplete molar gestation, partial triploid mole.

**Definition:** Presence of 3 set chromosomes resulting in focal hydropic swelling of chorionic villi with trophoblastic hyperplasia and identifiable embryonic or fetal tissues.

**Prevalence:** 1- % conceptuses, but 0.1 - 1: 10.000 of all pregnancies.

**Etiology:** Abnormal fertilization

**Pathogenesis:** Fertilization of a normal (haploid) ovum by two normal (haploid) sperm or fertilization of a normal ovum by an abnormal (diploid) sperm. All configurations (XXX; XXY; XYY) have been found.

**Differential diagnosis:** Twin gestation with one fertilized ovum undergoing molar degeneration and hydropic changes in a missed abortion.

**Associated anomalies:** See table

**Prognosis:** Most die in utero during first or early second trimester and if born alive they die within a few hours.

**Recurrence risk:** Unknown, but probably none.

**Management:** When ultrasound findings are consistent with triploidy, prenatal karyotyping should be undertaken. Pregnancy termination can be offered before viability. No alterations of prenatal care are necessary should the pregnancy be allowed to go to term. Tocolysis for preterm labor and cesarean section should be avoided

## Associated anomalies

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### Central nervous system anomalies

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- Relative macrocephaly
- Agenesis of corpus callosum
- Dandy-Walker malformation
- Holoprosencephaly
- Arnold Chiari Malformation
- Spina bifida
- Meningomyelocele
- Hydrocephalus
- Central and cerebellar hypoplasia

### Face, neck and skull anomalies

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- Cleft lip
- Low set ears
- Micrognathia
- Hypertelorism
- Cystic Hygroma

### Cardio-vascular anomalies 40-60%

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- VSD
- ASD
- Many others.

### Gastrointestinal anomalies

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- Omphalocele
- Unspecified

### Urinary tract anomalies

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- Hydronephrosis
- Dysgenesis of kidneys
- Multicystic kidneys

### Reproductive tract anomalies

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- Hypospadias
- Ambiguity of external genitalia
- Cryptorchidism

### Skeletal system anomalies

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- Skeletal dysplasias
- Syndactyly of 3<sup>rd</sup> and 4<sup>th</sup> toes and fingers
- Short hallux
- Club foot
- Rocker-bottom foot
- Unspecified other

### Other findings & anomalies

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- IUGR
- Decreased fetal movement

- Lung hypoplasia
- Head to abdomen discrepancy with much decreased abdominal size.

## Monosomy X

**Synonyms:** Turner Syndrome, 45, X0.

**Definition:** Absence of one X chromosome, either in all cells or as mosaic (45, X0/ 46, XX).

Absence of short arm results in the Turner phenotype. Absence of the short arm up to Xp11 or the long arm up to Xq21 results in gonadal dysgenesis.

**Prevalence:** 2:10,000 live births.

**Etiology:** Complete monosomy (57%), presence of an abnormal X chromosome (ring chromosome (10 %); isochromosome (17%)) or mosaic with 46, XX or 46 XY. Mosaic 45X / 46XY may span the range between phenotypical Turner syndrome, ambiguous genitalia, hermaphroditic and almost normal male.

**Pathogenesis:** Meiotic non-disjunction during gametogenesis (complete monosomy) or mitotic error. The missing X is of paternal origin. Not increased with maternal age.

**Differential diagnosis:** Hydrops Fetalis

**Prognosis:** 95 % die in utero, those who survive may have a normal life span but infertility (99 %) or early menopause.

**Recurrence risk:** Not known but probably low.

**Management:** When ultrasound findings are consistent with Monosomy X, prenatal karyotyping should be undertaken. Pregnancy termination can be offered before viability. No alterations of prenatal care are necessary should the pregnancy be allowed to go to term. Tocolysis for preterm labor and cesarean section should be avoided

### Associated anomalies:

#### Central nervous system anomalies

- Nothing special

#### Face, neck and skull anomalies

- Cystic Hygroma >80%
- Ear anomalies 80
- Short neck 80
- Narrow palate 80
- Micrognathia >70%
- Increased nuchal thickness 50
- Short metacarpal of 4<sup>th</sup> digit 50
- Short metatarsal of 4<sup>th</sup> digit 50
- Hypertelorism

#### Cardio-vascular anomalies 40-60%

- Bicuspid aorta valve
- Coarctation of the aorta
- Dilatation of the aorta
- Hypoplastic left heart syndrome
- Cardiac anomalies are more likely if there is a nuchal thickening. <sup>Clark</sup>

#### Gastrointestinal anomalies

- Nothing special.

### **Urinary tract anomalies**

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- Horseshoe kidneys
- Duplicated renal pelvis.

### **Reproductive tract anomalies**

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- Nothing special prenatally
- Primary or secondary amenorrhea at puberty

### **Skeletal system anomalies**

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- Simian crease
- Cubitus valgus (not detected prenatally)
- Short stature (probably not detected prenatally).

### **Other findings & anomalies**

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- Broad chest
- Pectus excavatum
- IUGR.

## **References**

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